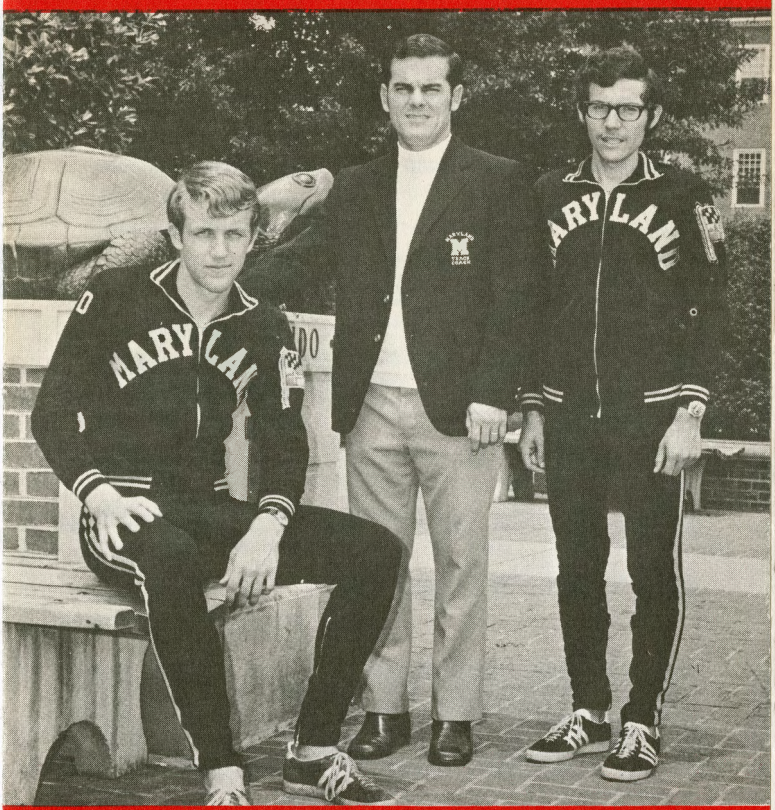
UNIVERSITY OF MARYLAND

Cross Country



1972

"Terp Cross Country On The Move"

FACTS ABOUT MARYLAND

NAME ..... University of Maryland
FOUNDED 1807
LOCATION ..... College Park, Maryland 20740
PRESIDENT ..... Dr. Wilson H. Elkins
CHANCELLOR ..... Dr. Charles E. Bishop
ATHLETIC DIRECTOR ..... James H. Kehoe
ASSISTANT DIRECTOR ..... Alfred J. Hanlon
SPORTS INFORMATION DIRECTOR ..... Jack Zane
CONFERENCE ..... Atlantic Coast
NICKNAME ..... Terrapins, Terps
COLORS ..... Red and White, Black and Gold
MASCOT ..... Terrapin
HEAD CROSS COUNTRY COACH .. Robert M. Dean
OFFICE TELEPHONE ..... (301) 454-3125

CROSS COUNTRY OFFICE LOCATION
Room 1106
Reckord Armory

CROSS COUNTRY MAILING ADDRESS
c/o Athletic Department
University of Maryland
College Park, Md. 20740

HEAD TRACK COACH ..... Nick Kovalakides

TRACK OFFICE TELEPHONE ..... (301) 454-3124

TRACK OFFICE LOCATION
Room 1108, Reckord Armory

CROSS COUNTRY TEAM CO-CAPTAINS - 1972
Albert P. Carey - Senior
John K. Umbarger - Senior

COVER: Cross Country Award Winners Ken Umbarger (seated) - "A. H. Siedenspinner Award", Coach Bob Dean, Dan Rincon - "Tom Fields Award" with the Maryland Terrapin on the College Park campus.

1971 CROSS COUNTRY HIGHLIGHTS

The 1971 Terrapin Cross Country season was an encouraging one since six of the ten harriers were freshmen. The team's record was 5-4 in dual meets with a third place in the Capital Area Championship and third in the Atlantic Coast Conference Championships. Maryland's sub-four minute miler John Baker, back from a summer European Track Tour, led the Terps during the fall but was not 100% due to a nagging hip injury. However, exceptional improvement by freshman Dan Rincon, Jeff Rundell and Scott Cornwell and dependable jobs by juniors Al Carey and Ken Umbarger showed optimism for the future. The harriers opened the 1971 season at Richmond in a double dual meet including the Richmond Track Club. The Terps came out on top 15-50 against Richmond and 22-39 versus Richmond Track Club. At Duke, a week later, the A.C.C. Champions defeated the Terps on the rain-soaked Duke Golf Course 36-23. John Baker, Al Carey and frosh Jeff Rundell looked especially good for Maryland. In our home opener, a much improved North Carolina team and Southern Conference Champion William and Mary dealt the Terps a double defeat. The only bright spot was frosh Dan Rincon who showed he could run with some of the best runners in the conference. Back to North Carolina, the harriers defeated N. C. State 25-34 and shut out Wake Forest 15-50 with eight freshman and minus John Baker. Dan Rincon again led the Terps with an impressive battle against State's great Jim Wilkins. An improved Navy team had their hands full with the young Terps at College Park. The outcome of the meet was determined in the last 200 yards of the meet. Senior John Baker ran an impressive race with a winning time of 25:55.8. Al Carey and Dan Rincon turned in outstanding races also. In the Second Annual Capital Area Championships, Navy's team depth was impressive as they took the team title with Maryland 3rd. Dan Rincon's 5th place and Ken Umbarger's 7th were the best performances turned in by the Terrapins.

At Raleigh, North Carolina, the scene of the A.C.C. Championships, North Carolina pulled a major upset as they surprised defending Champions Duke to take the team title with Maryland up a notch from last year in third place and N. C. State fourth. Maryland place finishers were John Baker - 8th, Ken Umbarger - 16th, Al Carey - 17th, Dan Rincon - 19th, Jeff Rundell - 27th, Cliff Mandel - 28th, and Scott Cornwell - 31st.

The Terrapins with five freshmen and two juniors participated in the rain swept IC4A Championships in New York. Junior Ken Umbarger ran his best race of the season placing 48th and qualified for the NCAA Championships. Freshman Dan Rincon looked exceptionally strong and was running in good position until he took a bad fall at about the 3 mile mark.

1973 PREVIEW

Head Coach Bob Dean has a major rebuilding job on his hands as he attempts to replace All-American miler John Baker and school 3 mile, 2 mile and cross country record holder Russ Taintor. The Terps 1973 schedule will have several of the top teams in the East which include Duke, third place finishers in IC4A Championships last year, also Atlantic Coast Conference Champions North Carolina; Southern Conference Champion William and Mary and a strong Navy team. Other teams on the schedule are Richmond, Virginia, V.P.I., N. C. State, American University, Temple and Rider. The harriers will be hard pressed to improve on last years results since all teams on their schedule remained strong with very little loss to graduation. The 1973 team should have better balance and much more team depth. Leading the harriers should be sophomore Dan Rincon with seniors Al Carey and Ken Umbarger in the second and third spots. Other positions should come from senior Bill Crane, sophomores Scott Cornwell, David Howse, Dave Webster, Kevin Conheeney, Ed Carroll, and freshmen Otto Mazzoni, Gus Loukas, Tony Garner and Tom Gottemoller.

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CROSS COUNTRY AWARDS - 1971

Daniel M. Rincon
Thomas M. Fields Award
"Most Valuable Cross Country Man"

John K. Umbarger
A. H. Siedenspinner Award
"Unsung Hero"

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FACILITIES

Maryland's cross country course is a 5⅛ mile course located on the beautiful University Golf Course, providing wooded, hilly terrain, and a grass running surface. Training is done both on the University Golf Course and on the Byrd Stadium 440-yard cinder track. Dressing facilities are provided in team rooms located in Byrd Stadium, which is well equipped with modern training facilities. Weight rooms for team use are located in Cole Field House.

MARYLAND CROSS COUNTRY
COURSE RECORD
Russ Taintor - 25:12 - Oct. 17, 1970

1972 MARYLAND CROSS COUNTRY ROSTER

NAME		EVENT	PERF.	HIGH SCHOOL	HOMETOWN
Bailor, Edward	Jr.	880	1:53.4	Kenwood	Baltimore, Md.
Bednarik, Chuck	So.	880	2:00.1	Rancocas Valley	Mt. Holley, N.J.
*Carey, Albert	Sr.	2 Mile	9:06.9	St. Dominics	Massapequa, N.Y.
Carey, Gerald	Fr.	Mile	4:22.9	Plainedge	Massapequa, N.Y.
Carroll, Edward	So.	880	1:55.6	DeMatha	Laurel, Md.
Coffey, John	Fr.	2 Mile	9:42	Einstein	Kensington, Md.
Conheeney, Kevin	So.	Mile/2 Mile	4:14; 9:13	Hackensack	Hackensack, N.J.
Cornwell, Gregory	Fr.	Mile	4:26	Hereford	White Hall, Md.
Cornwell, Richard	So.	3 Mile	14:19	Hereford	White Hall, Md.
Crow, David	Jr.	Marathon	2.59	Walter Johnson	Bethesda, Md.
Cupka, Rodman	Fr.	440/880	48.9,1:59	Hayfield	Alexandria, Va.
Dakelman, Mitchell	So.	Mile	4:39.5	Highland Park	Highland Park, N.J.
deNoble, James	So.	880/Mile	1:58.3; 4:25	John Kennedy	Silver Spring, Md.
Frazier, Walter	So.	2 mile	9:27	Surrattsville	Friendly, Md.
Garner, Anthony	Fr.	880/Mile	1:56; 4:15.7	Pembroke	Hampton, Va.
Giroux, Thomas	Fr.	2 Mile	9:47	Einstein	Kensington, Md.
Gottemoller, Thomas	Fr.	880/Mile	1:54.4; 4:15	Salesianum	Elkton, Md.
Howse, David	So.	6 Mile	30:38.5	Conestoga	Devon, Pa.
Jewell, Robert	Fr.	600/880	1:15; 1:57.8	Towson	Cockeysville, Md.
Kenney, James	Fr.	Mile	4:28.6	O'Connell	McLean, Va.
Loukas, Gus	Fr.	Mile/6 Mile	4:18; 30:48	Patterson	Baltimore, Md.
Mazzoni, Otto	Fr.	2 Mile	9:11.7	DuVal	Lanham, Md.
Meehan, John	Fr.	880	1:56	Essex Catholic	Upper Montclair, N.J.
Richardson, Charles	So.	Mile	4:23.4	Bernardsville	Bernardsville, N.J.
*Rincon, Daniel	So.	2, 3 Mile	9:05.3; 13:58.8	Dover Air Base	Dover, Del.
*Rundell, Jeffrey	So.	6 Mile	31:21	Arundel	Odenton, Md.
Scarano, Mark	So.	Mile	4:25	Morristown	Morristown, N.J.
Slocum, Douglas	Fr.	2 Mile	9:52	Kennedy	Wheaton, Md.
Snyder, Nelson	Fr.	Mile	4:28	Hereford	White Hall, Md.
Spann, Willis	So.	880	1:55.4	Mt. Vernon	Long Beach, N.C.
*Umbarger, John	Sr.	Steeplechase	9:22.6	DuVal	Gaithersburg, Md.
Webster, David	So.	6 Mile	31:44	Cambridge	Cambridge, Md.

* LETTERMAN

MARYLAND CROSS COUNTRY ALL-TIME TOP TEN

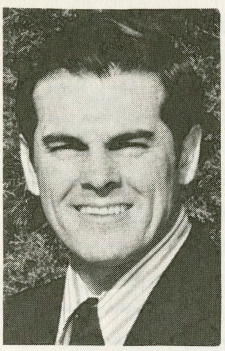
25:12.0	Russ Taintor	1970
25:41.2	Charlie Shrader	1968
25:44.0	John Baker	1968
26:02.0	Dave Starnes	1967
26:19.0	Jim Rosen	1970
26:21.5	George Minarik	1969
26:28.0	Al Carey	1970
26:31.0	Reuban Beauchamp	1967
26:35.0	Bill Crane	1970
26:36.0	Bruce Chilcote	1970

CROSS COUNTRY COACH

Robert M. Dean

Robert M. "Bob" Dean is in his third year as coach of the Maryland Harriers.

Coach Dean, while head cross country and track coach at Dulaney High School (Timonium, Md.) compiled an impressive record in cross country, indoor track and outdoor track. During his six years as head coach at Dulaney his teams dominated track in Maryland establishing records of 138 victories and 9 losses in cross country, 44 wins and 3 losses in indoor track and 64 wins and no losses in outdoor track. In 1968 his teams established a State "first" as they won every major meet from cross country to track including three State Championships.



A graduate of Durham High School in North Carolina, Dean captained his team, held the school record in the 880 as well as Eastern State 880 record.

At High Point College, Dean captained both cross country and track while being named Outstanding Trackman for two consecutive years. He was three-time North State Conference 880 champion and record holder. He was also a member of High Point's first undefeated and District N.A.I.A. Championship cross country team.

As a high school coach, Dean produced several national ranked performers. In 1969, his ace miler set a new National Scholastic record for the 600 yard run as well as being ranked second in the nation in the 880 and third in the mile run. In the two years Coach Dean has been at Maryland, the cross country course record has been broken with five men moving up in the Maryland All Time Top Ten list. The University Four Mile Relay record was broken along with the steeplechase record; two freshman also established new University records in the three mile and six mile runs.

While at High Point, Coach Dean was a member of Sigma Phi Epsilon fraternity and officer in the Physical Education Major's Club. He received his B.S. Degree in Physical Education and Biology and in 1971 received his Master's Degree from Towson State College in Baltimore, Maryland.

Married to the former Carol Louise Rappold, the Deans have two children, Betsy 8, and Mike 5, and reside in Takoma Park, Maryland.

MEET THE TERRAPIN HARRIERS

AL CAREY Sr. 9:06.9 - 2 mile
(Co-captain) N. Massapequa, N.Y.
Made excellent progress with personal best indoors . . . Injured, missed all of outdoor season . . . Was number three man on 1971 team . . . Expected to be a top competitor for top spot this season.

ED CARROLL Soph. 1:55.4 - 880 Laurel, Md.
Will be participating in cross country for the first time in three years due to service tour . . . Made excellent progress last spring in track.

KEVIN CONHEENEY Soph. 9:13 - 2 mile;4:14 - mile
Hackensack, N.J.
Should be 100% after knee surgery . . . Missed indoor and outdoor seasons last year . . . A hard worker and tough competitor.

GREG CORNWELL Fr. 4:28 - mile; 9:48 - 2 mile
White Hall, Md.
Had outstanding year at Hereford High School . . . Won State A Cross Country Title as well as State A Mile Title.

SCOTT CORNWELL Soph. 14:19 - 3 mile
White Hall, Md.
Had an outstanding frosh year with personal best in mile, 2 mile and 3 mile runs . . . Expected to be a strong competitor for the top seven varsity positions.

TONY GARNER Fr. 4:15.7 - mile Hampton, Va.
State Indoor mile champion . . . Tony was injured midway through the outdoor season and missed State Championship . . . Will be in contention for varsity spot.

TOM GOTTEMOLLER Fr. 1:54.4 - 880; 4:15 - mile
Tom won the Delaware State 880 Title and was runner-up in the mile last spring . . . A versatile runner, he should adjust well to the longer distances.

DAVE HOWSE Soph. 14.31 - 3 mile; 30:38.5 - 6 mile
Devon, Pa.
Set a University record as a frosh in the six mile run . . . A hard worker and tough competitor . . . Could be a great asset to the 1972 team.

GUS LOUKAS Fr. 4:18 - mile; 30:48 - 6 mile
Baltimore, Md.
Top distance runner in cross country and track in the M.S.A. in Baltimore City . . . Mainly tripled in 880, mile, 2 mile in high school but now should be able to move up to longer distances.

OTTO MAZZONI Fr. 9:11.7 - 2 mile Lanham, Md.
State AA - 2 mile Champion in Maryland with a new record . . . Great competitive spirit . . . Endless worker . . . Has been training all summer and should be one of the top freshmen competitors for varsity position this fall.

DAN RINCON Soph. 13:58.8 - 3 mile;9:05.3 - 2 mile
Dover, Del.
A great competitive spirit . . . Real work horse . . . Excellent team leader . . . Recipient of Tommy Field Cross Country Award 1971 . . . Number two man on the last year's team . . . Should be one of the outstanding distance runners at the University of Maryland.

JEFF RUNDELL Soph. 9:25 - 2 mile; 31:21 - 6 mile
Gambrills, Md.
Jeff was number five man on last year's squad as a frosh . . . Improved his two mile by 23 seconds . . . Should give Terps depth with last seaeson's experience.

KEN UMBARGER Sr. 4:15.1 - mile; 9:22.6 - Steeplechase
(Co-captain) Gaithersburg, Md.
Had his best year last season in cross country and track . . . Set new University record in Steeplechase as well as personal best in mile run . . . Recipient of A. H. Seidenspinner Award as "Unsung Hero" in cross country.

DAVE WEBSTER Soph. 31:44 - 6 mile Cambridge, Md.
Unheralded 10:18 - 2 miler when he came to Maryland, Dave made exceptional progress in the long distance races.

1972 CROSS COUNTRY SCHEDULE

Sept. 23	Richmond & Virginia	Home	11:00 a.m.
Sept. 30	Duke & V.P.I.	Home	11:00 a.m.
Oct. 7	North Carolina & William and Mary	Williamsburg, Va.	11:00 a.m.
Oct. 14	N. C. State, American U., Temple & Rider	Home	11:00 a.m.
Oct. 21	Navy	Annapolis, Md.	2:00 p.m.
Oct. 28	Capital Area Championships	Home	11:00 a.m.
Nov. 4	A.C.C. Championships	Clemson, S.C.	11:00 a.m.
Nov. 11	District III Championships	Knoxville, Tenn.	11:00 a.m.
Nov. 20	N.C.A.A. Championships	Houston, Texas	11:00 a.m.

1971 CROSS COUNTRY RESULTS (5-4)

University of Richmond	15-50
Richmond Track Club	22-39
Duke University	36-23
University of North Carolina	33-22
College of William and Mary	40-18
North Carolina State University	25-34
Wake Forest University	15-50
U.S. Naval Academy	31-26
University of Virginia	15-50
Capital Area Championships	3rd place
Atlantic Coast Conference	3rd place

HISTORICAL NOTES

IC4A TEAM CHAMPIONS: Freshman—1953

A.C.C. TEAM CHAMPIONS: 1954, 1955, 1964, 1965, 1966, 1967, 1968, 1969

SOUTHERN CONFERENCE TEAM CHAMPIONS: 1947, 1948, 1949, 1950

A.C.C. INDIVIDUAL CHAMPIONS: George Henry—1965; Charles Shrader—1968, 1969

SOUTHERN CONFERENCE INDIVIDUAL CHAMPION: Tommy Fields—1940; Bob Palmer—1947, 1948, 1949

ALL-AMERICANS: Tommy Fields—1940; Charles Shrader—1968, 1969

COACHING RECORDS:

Reginald V. Truitt (1920-1927)	11—6
Geary S. Eppley (1928-1931, 1937-1940, (1946)	21—14
Thomas M. Fields (1941)	2—2
James H. Kehoe (1947-1969)	112—19
Robert M. Dean (1970-)	12—4

ALL TIME RECORD:

Wins	—	157	
Losses	—	45	.777 pct.
Ties	—	0	